


RETURN TO NATURE

a local, half-day team bonding and stress reduction experience that cultivates the intelligence of Mother Earth to unlock the body's natural wisdom and healing power

STARTING AT
\$115/Person*

*15 PERSON MINIMUM

 **BOOK NOW**



Archery

Experience the synergy of an instructor-guided archery session as it clears the mind and carves new neural pathways in the brain for enhanced problem-solving



Wellness Walk

Discover the power of a wellness walk led by a Certified Workplace Mindfulness Facilitator, where each step fosters deeper connections to Mother Earth



Lunch at Hidden Villa

Savor serenity at Hidden Villa Farm—nourish body and soul with a plant-based picnic lunch packed with local flavors and sustainable, organic ingredients

Pachamama Micro Retreats, powered by Meta Business Strategies, designs bespoke outdoor, mindfulness-based micro retreats for organizations throughout the Bay Area of San Francisco. We tailor each retreat to nourish the mind, body, and spirit, fostering innovation, play, and connectivity within your team.

